



# WEEKLY TIME TABLE

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	MON	TUE	WED	THU	FRI	SAT		
5am	BEGINNERS PLUS 5:30-6:15		BEGINNERS PLUS 5:30-6:15		BEGINNERS PLUS 5:30-6:15			
6am	6:30-7:15		6:30-7:15		6:30-7:15			
7am	COMMUNITY GROUP 7:30-8:15	COMMUNITY GROUP 7:30-8:15	BOXERCISE 7:30-8:15	COMMUNITY GROUP 7:30-8:15	COMMUNITY GROUP 7:30-8:15	BEGINNERS PLUS 7:00-7:45		
8am					8:00-8:45			
9am	COMMUNITY GROUP 9:30-10:15	BEGINNERS PLUS 9:30-10:15	COMMUNITY GROUP 9:30-10:15	INNER CIRCLE 9:30-10:15	BEGINNERS PLUS 9:30-10:15	BOXERCISE 9:30-10:15	COMMUNITY GROUP 9:30-10:15	COMMUNITY GROUP 9:00-9:45
10am	COMMUNITY GROUP 10:30-11:15	COMMUNITY GROUP 10:30-11:15			COMMUNITY GROUP 10:30-11:15	COMMUNITY GROUP 10:30-11:15		
3pm								
4pm	COMMUNITY GROUP 4:00-4:45	COMMUNITY GROUP 4:00-4:45	INNER CIRCLE 4:30-5:15	BOXERCISE 4:30-5:15	COMMUNITY GROUP 4:30-5:15	INNER CIRCLE 4:30-5:15	COMMUNITY GROUP 4:30-5:15	
5pm	COMMUNITY GROUP 5:00-5:45	COMMUNITY GROUP 5:00-5:45						
6pm	BEGINNERS PLUS 6:00-6:45	COMMUNITY GROUP 6:00-6:45	BEGINNERS PLUS 6:00-6:45	COMMUNITY GROUP 6:00-6:45	BEGINNERS PLUS 6:00-6:45	BOXERCISE 6:00-6:45	BEGINNERS PLUS 6:00-6:45	COMMUNITY GROUP 6:00-6:45
7pm	BEGINNERS PLUS 7:00-7:45	COMMUNITY GROUP 7:00-7:45	BEGINNERS PLUS 7:00-7:45	COMMUNITY GROUP 7:00-7:45	BEGINNERS PLUS 7:00-7:45	BOXERCISE 7:00-7:45	BEGINNERS PLUS 7:00-7:45	COMMUNITY GROUP 7:00-7:45